

This unit is situated on the 11th floor. The unit has a voluntary admission for patients from 16 years and older. Patients need to book a bed prior to admission. **NB:** No walk-in patients allowed. The unit operates 24hrs and it is manned by experienced and trained Psychiatric nursing staff.

TREATMENT IS PROVIDED FOR THE FOLLOWING PSYCHIATRIC DISORDERS:

- Mood disorders.
- Anxiety disorders.

WE HAVE A MULTI-DISCIPLINARY TEAM:

- Psychiatrists.
- Psychologists.
- Social Workers.
- Occupational Therapists.
- Psychiatric Nurses.
- Dieticians Physiotherapists

UNIT MANAGER

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ADMISSION PROGRAMME:

- Psychiatric evaluation and daily consultation.
- Psychological assessment and daily individual therapy.
- Therapeutic group therapy.
- Occupation therapy.
- Recreational activities.

NB: The duration of treatment is determined by the treating psychiatrist, availability of medical aid benefits and patient individual needs.

ADMISSION REQUIREMENTS:

- Identity document and medical aid.
- Chronic medication used at home.
- Bring along casual seasonal clothing from home.
- Admission arrangements and bookings are finalised with the admitting Psychiatrist.