



LABOUR AND MATERNITY UNIT



LABOUR UNIT

This unit is situated on the 6th floor. The unit has registered, experienced and competent midwives who work closely with Gynaecologists and Obstetricians.

- No visiting hours applicable for expectant patients.
- Partners/doulas are encouraged to stay with their loved ones and offer emotional support throughout the birthing process.
- Refer to the labour ward booklet for admission requirements.

UNIT MANAGER

Thembisile Mthombeni

 0123366114 ext 6114/6335


 labour@louispasteur.co.za

MATERNITY UNIT

This unit is situated on the 6th floor. It specializes in caring for women during pregnancy, childbirth and provides care for new-born infants.

UNIT MANAGER

Yolanda Mkrola

 0123366157 ext 6157/6101

 maternity@louispasteur.co.za



LABOUR WARD INFORMATION BOOKLET

Louis Pasteur Medical Centre, 374 Francis Baard Street, Pretoria, South Africa, 0002
PO Box 11876, The Tramshed, Pretoria, South Africa, 0126
Tel: 27 12 336 6000 or 336 6331 Fax: 27 12 336 6047

Committed to Service Excellence through Kaizen (ongoing quality improvement)

PATIENTS INFORMATION

DEAR VALUED CUSTOMER

Welcome to the Louis Pasteur Labour ward.

Our professional, friendly, and dedicated staff will receive you with a smile. They will introduce themselves and you will be allocated a room, health questionnaire will be asked, and you are expected to be honest in order to be nursed in totality.

Our trained midwives will notify your doctor when you arrive, carry out the doctors' orders like progressing your Labour until you are ready for delivery, update your doctor about your condition and progress at regular intervals, and taking care of your basic needs.

In cases where your doctor is not near and you are due to deliver, our midwives will proceed with the delivery and that is if there are no complications. If complications or an emergency arises your doctor will be notified to come and take over management. All patients for caesarean section delivery will be prepared by the midwives who will also accompany you to theatre to receive your bundle of joy. You are more than welcome to bring a birth companion for moral and emotional support.

WE HOPE YOU WILL ENJOY YOUR STAY IN OUR UNIT!!

WARNING SIGNS IN PREGNANCY

HERE IS A LIST OF THINGS YOU SHOULD NOT IGNORE DURING PREGNANCY:

| SYMPTOM | POTENTIAL PROBLEM | OTHER POSSIBLE CAUSES |
|---------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|
| Vaginal bleeding | Miscarriage, ante partum hemorrhage due to placental abruption (early separation of the placenta) or placenta praevia (low lying placenta) | Hormonal bleeding, implantation bleeding |
| Pelvic or Abdominal pain | Miscarriage, ectopic pregnancy, abruption | Miscarriage, ectopic pregnancy, abruption |
| Persistent back pain | Miscarriage, preterm Labour | Kidney/bladder infection, cyst, normal pregnancy pain |
| Gush of fluid from the vagina | Preterm Labour, premature rupture of membranes | Leaky bladder, watery mucus |
| Swelling of the hands/face | Pregnancy induced hypertension (PIH) | Swelling |
| Severe headaches, blurry vision | PIH or Eclampsia | |
| Regular contractions prior 37 weeks | Preterm Labour | Gastric upset |
| No fetal(baby) movements | Fetal distress, fetal demise | |
| Extreme tiredness/lethargy | Anaemia | |
| Itchy vaginal discharge | Vaginal infection | |
| Frequent urination with aburning sensation | Urinary tract infection | |

TRUE SIGNS OF LABOUR

| SYMPTOM | OTHER POSSIBLE CAUSES |
|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| Lightening | The process of your baby settling or lowering into your pelvis just before Labour. |
| Passing of the mucus plug (show) | When the cervix begins to open wider, the mucus is discharged into the vagina and may be clear, pink or slightly bloody. |
| Contractions | Are pains which come at regular intervals and last about 30 or more seconds, as time progresses they come closer together. |
| Rupture of membranes | Sudden gush or trickle of fluid that leaks steadily. The fluid is usually odorless and may look clear or straw-colored. |
| Diarrhea | Hyper-stimulation of the bowels caused by prostaglandin hormone causing frequent stools or even diarrhea. |



ITEMS NEEDED WHEN COMING FOR DELIVERY

Medical Aid or proof of payment, identity document and a doctor's booking letter.

FOR THE BABY:

- Disposable Nappies (Small Packets)
- Aqueous Cream and Vaseline (Perfume Free)
- Surgical Spirit
- Cotton Wool (Balls)
- Wet Wipes
- 6 items of baby clothing and baby Blanket + Receiver

FOR THE MOTHER:

- Toiletry + disposable/dark coloured panties
- Twin plug and cellphone charger

PS: MOTHERS CAN BRING THEIR OWN PYJAMAS TO WEAR POST-DELIVERY IF THEY PREFER!!!

WE ALLOW 2 VISITORS PER PATIENT
CONGRATULATIONS!!!

CONTACT DETAILS

012 336 6114

012 336 6335

labour@louispasteur.co.za

**FOR AMBULANCE SERVICES
KINDLY CONSULT WITH YOUR
MEDICAL AID.**